



**We Care Chemo Kits** is designed to brighten up a cancer patient's day in the darkest moment of their life. We provide chemo kits for children and adults undergoing chemotherapy treatment. The items listed below are for the adult chemo kits. Choose as little or as much as you want – every bit helps! We thank you for your contribution! Follow these 4 easy steps:

### Adult Chemo Kits

1. Decide if you are shopping for a male or female
2. Visit your local dollar/craft/novelty store and purchase the items listed below
3. Drop a note in the shopping bag listing the gender you selected
4. Email [info@wecarechemokits.org](mailto:info@wecarechemokits.org) for donation drop off location

#### WHAT

1. Travel size hand sanitizer (no scent)
2. Travel size tissue papers
3. Word search activity booklet
4. Inspirational books
5. Puzzles
6. Coloring book
7. Crayons/colored pencils/markers
8. Eye mask
9. Journal
10. Notepad
11. Pens
12. Nail file (no metal)
13. Water bottle/tumbler
14. Coffee mug
15. Inspirational posters/signs
16. Earphones
17. Small calendar/planner/agenda
18. Socks **(with grips on the bottom)**
19. Hat/cap/beanie/turban
20. Small inspirational gift items

#### WHY

- Keep germs away
- Wipe away tears
- Keep busy during treatment
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- Use with coloring book
- Aid with sleep
- Writing therapy
- Take down notes
- Use with journal/notepads
- Chemo affects nail growth
- Flush out the toxins from chemotherapy
- Warm drink to soothe the soul
- Decorate/add color to hospital room
- Noise cancellation/entertainment
- Write down appointments
- Comfort
- Keep head warm/hair loss
- Encouragement

\*NO lotion, candy, fresh flowers, stuffed animals, hygiene products or food donations are allowed.

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[www.wecarechemokits.org](http://www.wecarechemokits.org)